

NC Department of Health and Human Services
NC Home Care Aide Curriculum

Module 1
History of Home Care
July 2021

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Objectives

1. Understand the history of home care/home health
2. Identify the different disciplines involved in home care
3. Describe the role of the nurse aide in home care
4. Recognize supervision requirements for the nurse aide in home care

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MODULE 1-A


**THE STORY OF HOME CARE/
HOME HEALTH CARE**

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HISTORY OF HOME CARE/HOME HEALTH

Throughout history, family members have provided health care to their ailing relative in their own home.



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HOME CARE
Health care brought to a temporary or permanent home of an individual in order to **maintain or restore** an individual's health and well-being

<p>Home Care Agency Help with daily activities such as bathing, toileting, dressing and grooming, house cleaning and other chores, meal preparation, companionship and medication reminders, to support individuals to live safely at home</p>	<p>Home Health Agency Health care services such as nursing, physical, occupational, and speech therapy, and nurse aide, provided at home to treat a chronic health condition or help an individual recover from illness, injury or surgery</p>
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COMPARE HOME CARE AND HOME HEALTH AIDES

Home Care Aide - employed by a Home Care agency that does not provide skilled care and does not bill Medicare; often the role of the aide is personal care, meal prep and home management tasks; the Home Care Aide typically spends more time in a home than the Home Health Aide

Home Health Aide - employed by a Home Health agency that provides skilled care and bills Medicare; often the role of the aide is a bath and other personal care tasks and vital signs; the Home Health Aide typically spends less time in a home than the Home Care Aide

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Growth of Home Care

Why is home care growing so much and so fast?

- There is a need for affordable care at home
- People are living longer
- Hospitals are motivated to move patients in and out quickly with continued care at home



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MODULE 1-B

DISCIPLINES INVOLVED IN HOME CARE


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Basic Procedure for Admitting New Patient

Each home care agency is different, but all share similar methods of operation

- Initial contact
- Assessment
- Care plan development may include multiple disciplines as needed
- Service coordination and implementation
- Discharge




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DISCIPLINES INVOLVED IN HOME CARE

Home care/home health agencies vary in what disciplines or services they can provide to patients




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DISCIPLINES IN HOME HEALTH (1)

- RN (Registered Nurse)
- Community Health/Public Health Nurse
- LPN (Licensed Practical Nurse)
- NA (Nurse Aide)




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DISCIPLINES IN HOME HEALTH (2)

- PT – Physical Therapist
- OT – Occupational Therapist
- RT – Respiratory Therapist
- ST – Speech/Language Pathologist




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DISCIPLINES IN HOME HEALTH (3)

- **CM – Case Manager**
- **SW – Social Worker**
- **MSW – Medical Social Worker**
- **RD – Registered Dietician**
- **Chaplin**




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HOME HEALTH AIDE AND CARE TEAM (1)

HANDOUT 1




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HOME HEALTH AIDE AND CARE TEAM (2)

Answers

1. d	6. c	 <p style="font-size: 2em; margin: 0;">YOUR WORK</p>
2. f	7. g	
3. e	8. b	
4. i	9. h	
5. a		


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HOME HEALTH AIDE AND CARE TEAM (3)

HANDOUT 2

CASE SCENARIO ACTIVITY



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HANDOUT 2 – CASE SCENARIO ACTIVITY

Answers/Discussion

- **RN:** Assessment of overall condition, blood draws to monitor how thin the blood is, patient and family education
- **PT:** Exercises, home evaluation for safety and equipment, lower extremity strengthening, teaching use of home equipment
- **OT:** Same as PT but upper extremity and focus on ADL's
- **Home Care Aide:** Personal care, respite for significant other, some IADL
- **Speech Therapy:** Assess swallowing – is thickener needed, assess aspiration risk, assess and provide intervention for communication issues
- **Chaplin:** For caregivers, the patient and his or her significant other and family and friends who love them – coping, spiritual support
- **Social Worker:** Long-term planning, Advanced Care Directives, community resources and planning

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MODULE 1-C

THE NURSE AIDE ROLE IN HOME CARE

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ACTIVITIES OF DAILY LIVING

The nurse aide may assist with Activities of Daily Living (ADL):

- Bathing
- Grooming
- Dressing
- Toileting
- Feeding
- Ambulation/Exercises




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INSTRUMENTAL ACTIVITIES OF DAILY LIVING

The nurse aide may assist with Instrumental Activities of Daily Living (IADL):

- Light house cleaning
- Meal preparation
- Grocery shopping
- Laundry/linen
- Garbage disposal




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ADDITIONAL ACTIVITIES

The nurse aide may assist with other activities:

- Transfers and exercises prescribed by therapist
- Measure vital signs
 - Temperature
 - Pulse
 - Respirations
 - Blood pressure




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PATIENT CARE PLAN


- Nurse or case manager develops patient's care plan
- Nurse aide visits or hours each day or week based on patient's care plan
- Nurse aide provides personal care and housekeeping services specified by nurse aide supervisor
- Nurse aide follows patient's care plan closely



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FLEXIBILITY AND RESPONSIBILITIES



Being a nurse aide requires a certain level of flexibility and comes with other responsibilities

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TASKS OUTSIDE THE NURSE AIDE ROLE

- Administering medication
- Insertion or removal of tube from patient's body unless competency validated
- Any task outside the nurse aide scope of practice
- Diagnosing or prescribing medications or treatments
- Informing patient or family about patient's diagnosis or treatment plan

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MODULE 1-D
SUPERVISION OF THE NURSE AIDE

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SUPERVISION OF THE NURSE AIDE (1)
Nurse aide supervisors have multiple responsibilities in a home care agency

- Medicare/Medicaid
- Continuing Education
- OSHA
- Licensure
- NC BON
- NC Nurse Aide Registry



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SUPERVISION OF THE NURSE AIDE (2)
Nurse aide supervisors have multiple responsibilities in a home care agency

- Ensure that all criteria for employees is being met
- Observe nurse aide in patient's home while providing care to that patient
- Ensure nurse aide works under supervision of RN or other professional as appropriate
- Ensures that supervision of the nurse aide occurs at ALL TIMES, not just when supervisor is in the home


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SUPERVISION OF THE NURSE AIDE (3)

HANDOUT 3

Nurse Aide Competency/Skills Validation



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Delegation of Tasks to a Nurse Aide

The supervisor is responsible for delegating tasks to the nurse aide




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SUPERVISION OF THE NURSE AIDE (1)

- Each agency will have its own procedures and rules for how often a nurse aide needs supervision or in what capacity.
- It is the responsibility of the agency to know its supervision requirements, and it is the responsibility of the nurse aide to comply and cooperate with supervision activities.



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SUPERVISION OF THE NURSE AIDE (2)

• For more information on items discussed in this module, please visit:

- OSHA: www.osha.gov
- NC Board of Nursing: www.ncbon.com
- DHSR: <https://www.ncdhhs.gov/divisions/dhsr>

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